

Sudan High School Lunch Menu

Fruit and vegetables offered daily.

February
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Bosco Sticks Crispy Chicken Nuggets Dinner Roll Steamed Green Beans Baby Carrots Diced Peaches Fresh Fruit Choice of Milk	3 Chicken Quesadilla Spanish Rice Beef Tacos Refried Beans Red Pepper Strips Mixed Fruit Fresh Fruit Choice of Milk	4 Swavory- HOM Beet Salisbury Steak Swavory: Roasted Root Vegetables and Berries Dinner Roll Crispy Chicken Sandwich Mashed Potatoes Cucumber Slices Pineapple Tidbits Fresh Fruit Choice of Milk	5 Chicken Fried Rice Classic Cheeseburger Kung Fu Carrots Celery Sticks Applesauce Fresh Fruit Choice of Milk	6 Hot Turkey & Cheese Sandwich Homemade Cheese Pizza Roasted Broccoli Cucumber Slices Diced Pears Fresh Fruit Choice of Milk
9 Creamy Macaroni & Cheese Crispy Chicken Nuggets Dinner Roll Steamed Spinach Cherry Tomatoes Diced Peaches Fresh Fruit Choice of Milk	10 LTO Walking Brunch Taco Brunch Walking Taco Bean & Cheese Burrito Refried Beans Red Pepper Strips Mixed Fruit Fresh Fruit Choice of Milk	11 LTO Brunch Walking Taco, HOM Pear Brunch Walking Taco Crispy Chicken Sandwich Baked Beans, Vegetarian Cherry Tomatoes Pineapple Tidbits Fresh Pear Choice of Milk	12 Popcorn Chicken Dinner Roll Classic Cheeseburger French Fries Steamed Corn Baby Carrots Applesauce Fresh Fruit Choice of Milk	13 Early Release Italian Pasta Bake Homemade Sausage Pizza Steamed Green Beans Red Pepper Strips Diced Pears Fresh Fruit Choice of Milk
16 No School	17 Chicken Taquito Beef Nachos Spiced Pinto Beans Celery Sticks Mixed Fruit Fresh Fruit Choice of Milk	18 Orange Chicken Brown Rice, WG Crispy Chicken Sandwich Grilled Cheese Sdw, Lent Special Steamed Carrots Cucumber Slices Pineapple Tidbits Fresh Fruit Choice of Milk	19 Hot Turkey & Cheese Sandwich Classic Cheeseburger Baked Beans, Vegetarian Celery Sticks Applesauce Fresh Fruit Choice of Milk	20 Spaghetti w/ Meatsauce Garlic Toast Cheese Pizza (Lent) Roasted Broccoli Cucumber Slices Diced Pears Fresh Fruit Choice of Milk
23 Hotdog Crispy Chicken Nuggets Dinner Roll French Fries Baby Carrots Diced Peaches Fresh Fruit Choice of Milk	24 LTO Japanese Sushi Bowl Japanese Sushi Bowl Chicken Fajita Quesadilla Beef Tacos Charro Beans Red Pepper Strips Mixed Fruit Fresh Fruit Choice of Milk	25 LTO Japanese Sushi Bowl Japanese Sushi Bowl Lasagna Garlic Breadstick Roasted Broccoli Cherry Tomatoes Pineapple Tidbits Fresh Fruit Choice of Milk	26 Oven Fried Drumstick Dinner Roll Classic Cheeseburger Glazed Carrots Garden Salad Applesauce Fresh Fruit Choice of Milk	27 Early Release Grilled Cheese Sdw (L) Goldfish Crackers Tomato Soup Homemade Pepperoni Pizza California Blend Vegetable Red Pepper Strips Sliced Pears Fresh Fruit Choice of Milk

PRICES

Student
Adult
Extra Milk

Free
\$4.40
\$.75

EXTRA INFO

Choice of Milk: 1% White or FF Chocolate
For questions please contact Tonya Draper-
Food Service Director
tonyadraper@sudanisd.net

HARVEST OF



OF THE MONTH

Menus and Nutrition
Taher Food4Life®



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